Matthew 8-9: Mark 2-5 March 4-10

Peace be Still

"MOM!" Mom ran into the room to find May crying in her bed.

"Oh dear, did you have a bad dream?"

"Yes," May sniffled. "It was really scary."

"Let me tell you what helps me when I have bad dreams," Mom said as she pulled May close. "Do you remember when Jesus was sleeping on a ship and there was a huge storm? All the men on the ship were very scared, so they called for Jesus. Jesus went to the storm and said, 'Peace be still.' And the storm stopped! Then Jesus asked the men, 'Why are you so fearful? How is it that you have no faith?' Jesus had faith to stop the storm. He had no fear. When I am feeling scared, I try to remember Jesus. I say a little prayer, and sing church songs. That helps me have peace to be still. Do you want to sing with me?"

"Can we sing 'I am a Child of God?" May asked.

"I love that song." Together May and Mom sang until May felt peace again and fell back to sleep.