

Matthew 6 -7
February 25 - March 3

Learning to Pray

For family home evening, the family chose to learn about prayer.

"Now, May and Auggie, can we show little June how we pray?" Mom asked. She started flailing her arms all around, shaking her head back and forth. "Is this how we act when we pray?"

The children laughed, "No! No!" They demonstrated to June how to act reverent. They folded their arms so they wouldn't be wiggly. They closed their eyes so they wouldn't be distracted. They bowed their head to show respect to Heavenly Father.

"Awesome job kids!" Dad smiled. "You're being so reverent! Now, how do we start our prayer? April, will you read Matthew 6:9?"

"After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name."

"Right." Said Dad. "We say, 'Our Father in Heaven' or 'Dear Heavenly Father' to address him. Then we tell him what we're thankful for. He has done a lot for us and has given us many blessings. We then ask for specific blessings: Sometimes we ask for health. Or a good memory for a test. Or for the spirit. After we ask for blessings, we ask for forgiveness. Usually this is done in our personal prayers, since we don't need to announce to everyone our sins. With that said, can you give us the closing prayer, Auggie?"

Auggie stood up, he folded his arms, he bowed his head and he closed his eyes. "Dear Heavenly Father..."